

## **SELF School COVID-19 Protocol Summary (1/20/2022)**

**COVID-19 Symptoms:** Cough or shortness of breath, sore throat, headache (particularly new onset of bad headache), diarrhea, nausea, vomiting, abdominal pain and/or new loss of taste or smell. Individuals with these symptoms should stay home and consult their medical professional for potential COVID-19 testing.

**Contact Tracing:** Per Indiana Executive Order, SELF School will continue to collaborate with the state and local health department, to the extent allowable by privacy laws and other applicable laws, to confidentially provide information about the people diagnosed with or exposed to COVID-19. This allows SELF School to identify which students, teachers, and staff with positive COVID-19 test results should isolate, and which close contacts should quarantine.

**Close Contact:** An individual who was within 6 feet of a person diagnosed with COVID-19 for a total of 15 minutes or more over a 24-hour period is considered a close contact. The definition applies regardless of whether either person was wearing a mask except in the following situations:

- If all students are masked and receiving education during the school day - No one needs to be quarantined
  - However, students are deemed closed contacts if they are within 3 feet of a positive case
- In all other school day situations (unmasked), 6 feet will be used as the threshold for contact tracing

**Quarantine:** Quarantine is used for unvaccinated students and staff who have been exposed to someone with COVID-19.

### **Close Contact Quarantine:**

- **Vaccinated** - No need to quarantine (unless you become symptomatic - then test)

- **Unvaccinated** - Stay home for 5 days (wear a mask for 5 additional days after quarantine period). If student is unable to wear a mask, then they will quarantine for 10 days.
- If you develop symptoms get a test and stay home

### **Exceptions**

- **Tested positive for COVID-19 in the last 90 days:** No need to quarantine

**Isolation:** Isolation is used for individuals **with** COVID-19 illness to separate from those who are not infected.

- **Positive for COVID-19 (Isolation)**
  - **Everyone, regardless of vaccination status**
    - Stay home for 5 days
      - After day 5, if you have no symptoms or you are symptom free for 3 days, you can return **IF you are able to wear a mask for an additional 5 days.** If you cannot wear a mask, then you must quarantine for 10 days.
      - If you have a fever, continue to stay home until your fever resolves. You must be fever free for 3 days prior to returning to school.

### **At Home COVID Test Kits**

- Positive results from an at home test kit can be accepted as a positive case of COVID.
- Negative results in order to return to school in less than 10 days will not be accepted since there is a specific number of days required before testing. You must have a negative test result marked by a facility with the date stamp.